



TAKIE 1976 PRESENTING

# VASBYT



THE TOUGHEST **84** HOURS FACE THE CHALLENGE  
**ENTER NOW**

23 - 26 September 2026

ENTRIES CLOSE: 9 SEPTEMBER 2026 | REGISTER ONLINE AT

[www.takie1976.co.za](http://www.takie1976.co.za)

# THE RUNDOWN

*THE ORIGINAL 84-HOUR VASBYT EXPERIENCED BY  
CANDIDATES ASPIRING TO BE PART OF THE  
SOUTH AFRICAN POLICE ELITE UNIT: THE SPECIAL TASK FORCE*

**THE TAKIE 1976 VASBYT IS NOT A RACE!**

**IT IS A CHALLENGING MENTAL  
PROGRAM WITHOUT FOOD, SLEEP AND ONLY  
ENOUGH WATER TO SUSTAIN YOUR BODY.**

**FITNESS IS NOT THE ONLY DETERMINING  
ABILITY. IT IS THE MENTAL TOUGHNESS TO  
CONTINUE OUTSIDE OF YOUR COMFORT ZONE,  
OVERCOMING ONE AFTER THE OTHER  
GRUELING ACTIVITY, DESIGNED TO TEST YOU  
BEYOND THE LIMITS YOU EVER  
EXPLORED.**

**IT IS VOLUNTARY AND IF QUITTING IS AN  
OPTION YOU ARE WELCOME TO BAIL ANYTIME.**

*THE BRAGGING RIGHTS OF OVERCOMING THIS  
CHALLENGE WILL SET YOU ASIDE FROM ANYONE WHO  
EVER ATTEMPTED THIS ENDEAVOR WITH DISTINCTION.*

*THE OFFICIALS ARE ALL DISTINGUISHED MEMBERS OF THE  
SPECIAL TASK FORCE THAT DID A SIMILAR VASBYT.*

**VASBYT**

**THE  
TOUGHEST 84 HOURS**

# THE CHALLENGE

YOU WILL BE TESTED FOR **84 HOURS**  
IN THE FOLLOWING CATEGORIES:

FITNESS

ENDURANCE

STRENGTH

FEAR OF HEIGHTS

WATER

CONFINED SPACES

AGGRESSION

MENTAL TOUGHNESS AND SOUND

PSYCHOMETRIC ABILITY

PAIN TOLERANCE

EXTREME DISCOMFORT

*PREPARE FOR - ENDURE THE CHALLENGE  
AND OVERCOME THE MOST GRUELING  
CHALLENGE YOU EVER EMBARKED ON!*

**VASBYT**

THE **84** HOURS  
TOUGHEST

# THE PRESENTER

PROUDLY PRESENTED BY TAKIE 1976

A RE-ENACTMENT OF THE ORIGINAL VASBYT AS PART OF THE SPECIAL TASK FORCE SELECTION COURSE.

YOU WILL RE-LIVE AN AUTHENTIC REAL-LIFE EXPERIENCE IN WHAT IT TAKES TO CONTINUE THE JOURNEY TO BE A MEMBER OF THIS UNIQUE UNIT.

THE TASK FORCE SELECTION IS TO THIS DAY ONE OF THE MOST GRUELING TESTS IN ALL MILITARY AND POLICE SPECIAL FORCES GLOBALLY.

*YOU HAVE NEVER LIVED TILL YOU HAVE ALMOST DIED AND FOR THOSE WHO FIGHT FOR IT, LIFE HAS A FLAVOUR THE PROTECTED WILL NEVER KNOW*

VASBYT

MECHANICAL & PANEL BEATING CENTRE  
021 495 2031  
info@tsgservice.co.za  
THE TOUGHEST 84 HOURS

# ADMISSION

**DATE:**

**23 - 26 SEPTEMBER 2026**

**ENTRIES CLOSING DATE:**

**9 SEPTEMBER 2026**

**ADMISSION FEE:**

**R2500.00 PP**

**CONTACT**

**info@takie1976.co.za**

**INFO & ENTRY FORMS**

**www.takie1976.co.za**

**FACE THE CHALLENGE**

**ENTER NOW**

**ACCEPT THE CHALLENGE  
FACE YOUR FEARS  
ENDURE THE TOUGHEST 84 HOURS EVER  
BE GREAT**

**VASBYT**

**THE  
TOUGHEST 84 HOURS**



TAKIE 1976 PRESENTING

# WASBYT

WE LOOK FORWARD  
TO SEEING YOU THERE